



RECOMMENDED VAPING CURRICULUM AND CLASSROOM TOOLS

Stanford Medicine Tobacco Prevention Toolkit

<https://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs.html> A comprehensive go-to resource that covers big tobacco and advertising, how e-cigs work, what is in the aerosol, harmful chemicals, where those chemicals are found elsewhere, great classroom exercises and PPTs.

FDA's The Real Cost Campaign

Program Overview <https://www.fda.gov/media/87879/download> PSAs, motion graphics, social media messages which were developed based on extensive research among teens.

Real Cost Campaign for Stakeholders <https://www.fda.gov/tobacco-products/public-health-education/real-cost-campaign>

Visit <https://therealcost.betobaccofree.hhs.gov/> for graphics.

Visit www.youtube.com/user/KnowTheRealCost for PSAs. Use caution: some videos are very graphic. One video many students may have seen on social media is great for classroom discussions: <https://www.youtube.com/watch?v=W-dbAzEERb8> "Stay in Control" (16 sec)

U. S. Surgeon General's Know the Risks <https://e-cigarettes.surgeongeneral.gov> Note the resources menu and the link to a Parent Tip Sheet to help parents and educators talk to teens about the potential health risks of e-cigarettes.

California Department of Health

<https://Flavorshookkids.org> Effective visuals and interactive materials that provide insight into the marketing tactics used to target kids.

Tobacco Free for a Healthy New Jersey

<http://www.dontgetvapedin.com/> Good visuals to deliver key facts about vaping to students.

<https://incorruptible.us/> A youth-led campaign

NIDA (NIH's National Institute on Drug Abuse)

<http://www.drugabuse.gov/parents-educators> Fact sheets, lesson plans and activities covering the adolescent brain and a variety of substances.

THE WHOLE PACKAGE CDC (Center for Disease Control)

http://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm

Here you will find All key information in one location- covers vaping devices, dangers of vaping, and latest usage data. Links to a Parent Tip Sheet on how to talk to teens as well as cessation resources. Send to district parents when tackling vaping in schools and share with teachers and staff

Quick Facts https://www.cdc.gov/tobacco/basic_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teens-and-Young-Adults.html