



RECOMMENDED VAPING CURRICULA AND CLASSROOM TOOLS

Stanford Medicine Tobacco Prevention Toolkit

<https://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs.html> A comprehensive go-to resource that covers big tobacco and advertising, how e-cigs work, what is in the aerosol, harmful chemicals, where those chemicals are found elsewhere, great classroom exercises and PPTs.

FDA's The Real Cost Campaign

https://www.fda.gov/TobaccoProducts/PublicHealthEducation/PublicEducationCampaigns/TheRealCostCampaign/ucm2_0041242.htm#SmokelessTobaccoPrevention PSAs, motion graphics, quizzes, social media messages which were developed based on extensive research among teens. Covers ingredients, health risks and cessation. (Visit <https://www.youtube.com/user/KnowTheRealCost> tobacco and vaping prevention videos & media)

3 specific videos that many students have seen on social media are great for classroom discussions:

<https://www.youtube.com/watch?v=W-dbAzEERb8> "Stay In Control" (16 sec)

<https://www.youtube.com/watch?v=gbcyPBZYdWk> "Hacked" (30 sec)

<https://www.youtube.com/watch?v=zYuyS1Oq8gY> "An Epidemic Is Spreading" (30 sec)

U. S. Surgeon General's Know the Risks <https://e-cigarettes.surgeongeneral.gov>

Note the resources menu and the link to a Parent Tip Sheet to help parents and educators talk to teens about the potential health risks of e-cigarettes.

California Department of Health

<https://Flavorshookkids.org> Effective visuals and interactive materials that provide insight into the marketing tactics used to target kids.

Tobacco Free for a Healthy New Jersey

www.dontgetvapedin.com Good visuals to deliver key facts about vaping to students.

NIDA (NIH's National Institute on Drug Abuse) www.drugabuse.gov/parents-educators

Fact sheets, lesson plans and activities covering the adolescent brain and a variety of substances.

THE WHOLE PACKAGE CDC (Center for Disease Control)

www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm

https://www.cdc.gov/tobacco/basic_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teensand-Young-Adults.html

Here you will find All key information in one location- covers vaping devices, dangers of vaping, and latest usage data. Links to a Parent Tip Sheet on how to talk to teens as well as cessation resources. Send to district parents when tackling vaping in schools and share with teachers and staff